A taste of Toronto

- The Metro Toronto Convention Centre is just steps away from some of the most popular of Toronto's many iconic attractions.
- The list of opportunities is tantalizing: international cuisine, unique shopping venues, diverse cultural facilities and events, trails, parks, distinctive architecture and endless top-caliber entertainment. Following are just a few suggestions if you're able to get out and about for a bit (or a bite).

Get a taste of the city
- Wander the eclectic and bohemian Kensington Market for vintage finds, organic coffee, tacos, Jamaican patties, gourmet cheese shops, green grocers and Indian spices.
- Taste a peameal bacon sandwich (with honey mustard) and a butter tart at the 200-year-old St. Lawrence Market.
- Eat your way around the world in Little Italy, Little Portugal, Greek-town, Chinatown, Koreatown and Little India, to name just a few locales.

Catch some nice rides
- Ride the 501 “Red Rocket” streetcar along Queen Street from The Beaches in the east to the West End, through the heart of downtown and passing

1046, where ClaroNav has its Navident “Trace and Place” dynamic navigation instrument on display. You really do have to see this one in action. Registration is accomplished using any recent CT scan of the jaw by selecting on-screen and then tracing three of the patient’s teeth or other structures (such as braces or abutments). It’s all done in the chair, immediately before surgery. No stent or guide needs to be prepared, and the entire registration process can be completed in about three minutes.

In the Shofu booth (Au-Shaw Dental Productions), No. 1638, dentists, hygienists and dental assistants alike can hold and handle the new and improved EyeSpecial C-III digital camera. Its preprogrammed settings are designed specifically for ease of use in dental applications. Plus, the camera is water-, chemical- and scratch-resistant, and it can be quickly disinfected with a sterilizing towelette.

In the Dentsply Sirona booth (No. 1103), you can experiment with the intuitive touchscreen and marvel at the high-definition scans achievable with minimal instruction on the just-released Primescan intraoral 3-D scanning system. It’s worth playing with, even if you’re completely happy with your current CEREC system.

Learn more about COLTENE’s new BRILLIANT Crios bloc CAD/CAM composite-based material and related products by visiting COLTENE in booth No. 711.

Today is your last chance at these opportunities and more at ASM19, with the exhibit hall set to close at 5:30 p.m. until ASM20 rolls around.

(Source: Ontario Dental Association)
explore toronto

through the eclectic neighbourhoods of Leslieville, Riverside, Queen West, West Queen West, Parkdale and Roncesvalles along the way.

• Take the ferry to the Toronto Islands for a day in the parks and on the beaches – a piece of calm outside the hustle and bustle of the city. Refreshing signs read “Please walk on the grass.” The islands are home to a community of about 800 people, who have the distinction of boasting Canada’s highest per capita population of artists. Even more appealing, the islands are considered to be the location of North America’s largest urban community that is car free.

• Experience the highs and lows of Toronto—from the CN Tower’s Skypod observation deck at 447 meters (135 stories) up, down to the underground PATH system connecting downtown’s office towers with a 27-km network of 1,200-plus shops and restaurants.

• Take a stroll on the CN Tower’s Edgewalk, which is billed as “the world’s highest full circle hands-free walk on a 1.5-meter-wide ledge.” It encircles the top of the tower’s main pod, 116 storeys above the ground.

Entertainment, shopping, more

• Catch live music at one of Toronto’s legendary music venues such as the Horseshoe Tavern (where the Rolling Stones have played many surprise concerts), The Rex (for live jazz) or the iconic Massey Hall.

• Visit the Art Gallery of Ontario’s premier collections of Canadian art featuring the famous Group of Seven.

• Get lost in the crowds of Yonge-Dundas Square, where the billboards and neon lights surround the swarms of people in Toronto’s most famous intersection.

• Absorb the Canadian game’s history and touch the actual Stanley Cup at the Hockey Hall of Fame.

• Shop at the Eaton Centre and for designer wear at Bloor-Yorkville.

(Sources: Tourism Toronto and Toronto.com)

Brush up on dental history

ODA 150th-anniversary website still accessible

Two years ago, in honour of the Ontario Dental Association’s 150th anniversary, the association created a website detailing the fascinating and, sometimes alarming, history of dentistry in Ontario. Now, as the ODA marks its 152nd year, the site remains active — and as interesting as ever.

Did you know anyone, regardless of training, could call themselves a dentist? Or that it was common for the local blacksmith to yank people’s teeth out? How about that toothpaste used to be made with sugar? You can find all sorts of interesting facts in the evolution of dentistry in Ontario at https://150.oda.ca.

When the website launched, then ODA President Dr. Jack McLister said, “For the past 150 years, Ontario dentists have been committed to educating the public on oral hygiene and advocating for access to dental care for everyone in the province. Like Canada, dentistry has evolved and progressed tremendously over that time and the ODA and its members had a defining role in shaping the dental care standards we enjoy today.”

If you haven’t explored the website yet, you’re encouraged to take a few minutes to look back to see just how far the profession and industry have progressed — especially within the context of the almost science-fiction-like advancements that can be seen throughout the ASM19 exhibit hall.

(Source: Ontario Dental Association)